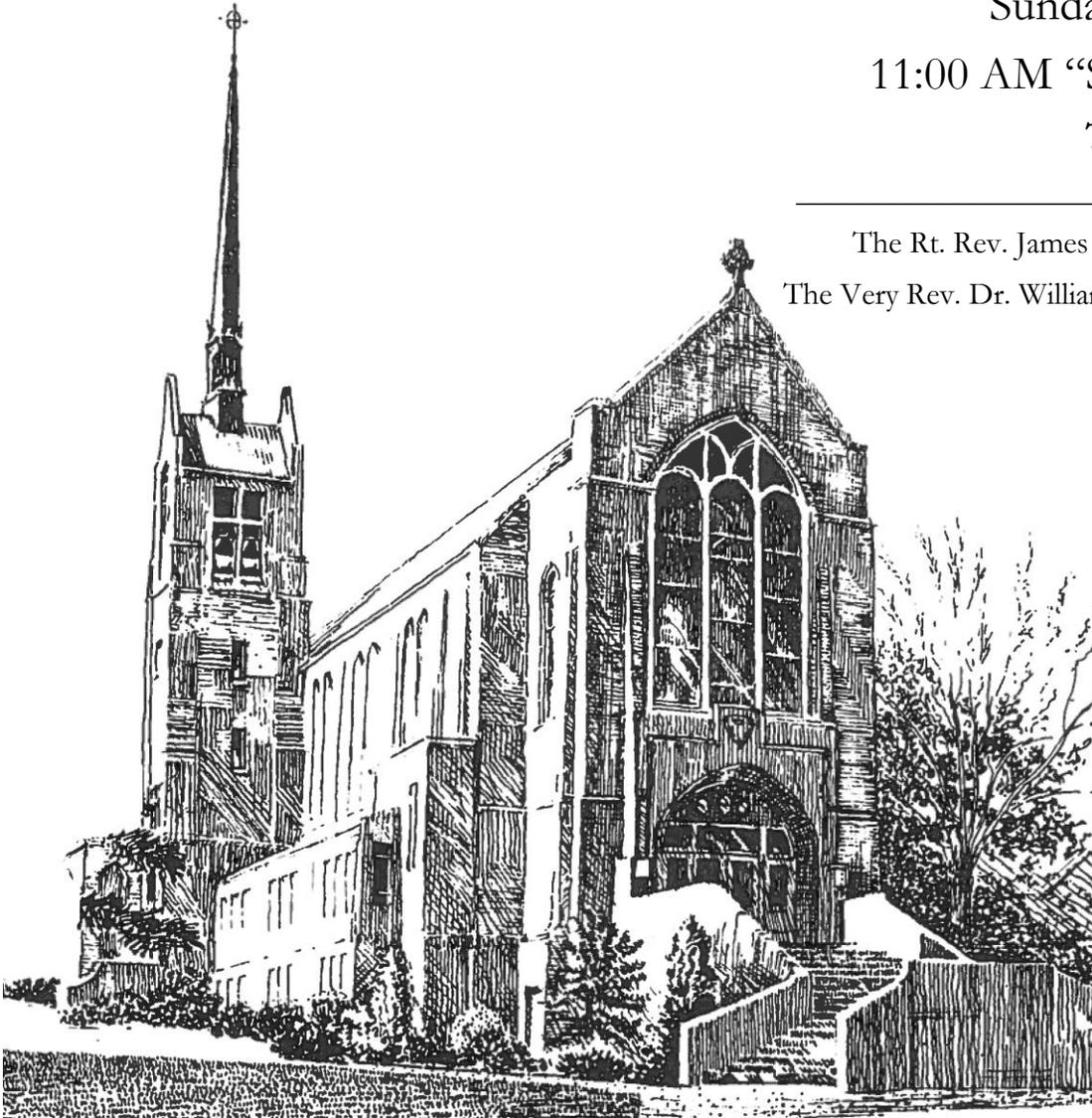


Sunday, February 21, 2021
11:00 AM "Service of the Word"
The First Sunday in Lent

The Rt. Rev. James E. Waggoner, Assisting Bishop
The Very Rev. Dr. William L. Stomski, Dean and Rector



Trinity Episcopal Cathedral

Our Mission is to welcome all people to know and live as Christ in the world.

Welcome, we are delighted you have found Trinity. The Cathedral is currently closed due to the Covid-19 pandemic and for renovation. However, we invite you to view services online through our Facebook page and YouTube channel.

On behalf of all the people of Trinity we are glad that God has led you to worship with us today virtually. We look forward to getting to know you, especially if you are visiting for the first time.

Please feel free to leave us a message.

We hope you will visit again soon!

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Fax: (775) 329-3135 E-mail: info@trinityreno.org
Website: www.trinityreno.org

THE SERVICE OF THE WORD

Please be mindful to make this a time of SILENCE as we prayerfully prepare our hearts and minds for worship.

Changes in our Liturgy with the Lenten Season require a simpler liturgy and more room for silence and reflection. An expanded act of Confession will mark the beginning of our worship. The “Alleluias” are eliminated as we refrain from exuberance and rejoicing, reserving it for the Easter Season starting with the Easter Vigil. Our liturgy during the Lenten Season will NOT be celebrating a Eucharist, primarily because we are still closed for in-person worship. This is a season of the church year most appropriate for practicing a Communion Fast, as we also encourage you to take up another discipline such as alms giving, fasting, Bible study or reading, and daily prayer. There is minimal music and hymnody; choosing what is appropriate for reflection and Lenten devotion. Our posture is to kneel and/or sit with the Confession and with the Prayers of the People.

We take time for silence in our liturgy during Lent. It is important to create an environment of solitude and quiet around you as we worship together virtually. A moment of quiet may be unfamiliar and even uncomfortable because there are few times in our busy lives when we experience it. There is no right or wrong way to act in silence; primarily this is a time to simply sit and be still. You may want to focus on your breathing. Or, listen to the different sounds around you – the murmur of voices, the sound of footsteps, the birds or wind outside, or the flow of air with the furnace. Allow your mind to wander, to think about the passage you have just heard, the sermon, or the prayers. You may want to think about other parts of your life. No matter how you approach the silence, know that God is there with you.

The Service of the Word

(There is no Prelude during Lent. We sit in silence and prayer as we prepare for worship. The Service then begins with the silent procession of the clergy and altar party. We start with the Confession.)

Welcome

The Opening Acclamation

Celebrant: Bless the Lord who forgives all our sins.

People: His mercy endures for ever.

The Confession *(When invited to kneel, if you are unable, sitting is an appropriate substitute.)*

Celebrant: God has brought us here. As we continue to observe this holy season of Lent together, Jesus invites us to join Him in the desert to be comforted, to be forgiven, to be healed. Let us kneel and pray.

(Silence is observed)

Leader: God of our past, we use our own past scars of failure as an excuse for not loving others. We hang onto our past hurts and heartbreaks from others as an excuse for not loving them. We use our inability to see you at work in our past failings as an excuse for not loving you.

People: Jesus Son of God have mercy upon us.

Leader: God of our present, we are happy to tell others what to do, yet we want the freedom to do as we choose. We limit what we put into our mouths in fasting, yet we give no restraint to what comes out of them in speaking. We claim you as the meaning and purpose in our lives yet fail to cling to you when our meaning and purpose are threatened.

People: Jesus Son of God have mercy upon us.

Leader: God of our future, we fear to vision what we could become, and cling to our security of what we are now. We fail to see promise and possibility in our neighbors, and dwell on what they are not. We look back to the past to find reasons to say “No,” instead of looking to you to find vision to say “Yes.”

People: Jesus Son of God have mercy upon us.

Celebrant: God of all time, our present struggles and failures should bring us passionate remembering of your faithfulness, yet instead they invoke amnesia. We forget your past faithfulness. Help us to give up control and let you be God and accept the changes that can bring us growth. For we cannot love you without loving ourselves. We cannot love ourselves without loving others. We cannot turn from sin unless we turn to you. Have mercy on us as we confess our sins.

People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Absolution

Celebrant: Almighty God have mercy on you, forgive you all your sins through the Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People: Amen.

The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray... Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People: Amen.

Please be seated for the Readings

The First Reading

Genesis 9:8-17

Reader: A reading from the Book of Genesis

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Reader: The Word of the Lord.

People: Thanks be to God.

Psalm 25:1-9 *Ad te, Domine, levavi*

- 1 To you, O LORD, I lift up my soul;
my God, I put my trust in you; *
**let me not be humiliated,
nor let my enemies triumph over me.**
- 2 Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes.
- 3 Show me your ways, O LORD, *
and teach me your paths.
- 4 Lead me in your truth and teach me, *
**for you are the God of my salvation;
in you have I trusted all the day long.**
- 5 Remember, O LORD, your compassion and love, *
for they are from everlasting.
- 6 Remember not the sins of my youth and my transgressions; *
**remember me according to your love
and for the sake of your goodness, O LORD.**
- 7 Gracious and upright is the LORD; *
therefore he teaches sinners in his way.
- 8 He guides the humble in doing right *
and teaches his way to the lowly.
- 9 All the paths of the LORD are love and faithfulness *
to those who keep his covenant and his testimonies.

The Second Reading:

1 Peter 3:18-22

Reader: A reading from the First Letter of Peter

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Reader: The Word of the Lord.

People: Thanks be to God.



Gospel Hymn

Lord, who Through these Forty Days

Hymnal 142

(We stand, as able, to sing verses 1- 3 before The Gospel is read, and verses 4 - 5 after the Gospel is read)

1 Lord, who through-out these for - ty days for us didst fast and pray,
 2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
 3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
 4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
 5 A - bide with us, that so, this life of suf - fering o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.
 2 O give us strength in thee to fight, in thee to con - quer sin.
 3 to die to self, and chief - ly live by thy most ho - ly word.
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898) Music: St. Flavian, melody from Day's Psalter, 1562; adapt. and harm. Richard Redhead (1820-1901)

The Holy Gospel

Mark 1:9-15

Priest: The Holy Gospel of our Savior Jesus Christ According to Mark
People: **Glory to you Lord Christ.**

Priest: In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Priest: The Gospel of the Lord.
People: **Praise to you, Lord Christ.**

Sermon

The Very Rev. Dr. William L. Stomski

~ Silence ~

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made, of one Being with the Father.
Through him all things were made.

For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became
incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at
the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With
the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in
one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look
for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People, Form III

Leader: Father, we pray for your holy Catholic Church;

People: *That we all may be one.*

Leader: Grant that every member of the Church may truly and humbly serve you;

People: *That your Name may be glorified by all people.*

Leader: We pray for all bishops, priests, and deacons, and especially for our Diocesan Standing Committee,
and The Church of the Province of Central Africa;

People: *That they may be faithful ministers of your Word and Sacraments.*

Leader: *(Prayer for our Diocesan Bishop Search)* Gracious God, our nurturing and guiding parent, we thank you
for our Church and for our family of Churches in our diocese. We ask for your wisdom and
direction as we seek a new Bishop for your family. We ask for your guidance especially for the
members of our Standing Committee, Search Committee and Transition Committee as they plan,
prepare and search for a faithful servant who will lead and support us in our ministries.

People: *Bless the servant you will bring to us and give them clear direction in their discernment.*

Leader: We pray for all who govern and hold authority in the nations of the world;

People: *That there may be justice and peace on the earth.*

Leader: Give us grace to do your will in all that we undertake;

People: *That our works may find favor in your sight.*

Leader: Have compassion on those who suffer from any grief or trouble;

People: *That they may be delivered from their distress.*

Leader: Give to the departed eternal rest.

People: *Let light perpetual shine upon them.*

Leader: We praise you for your saints who have entered into joy;

People: *May we also come to share in your heavenly kingdom.*
Leader: Let us pray for our own needs and those of others.

~ Silence ~

Celebrant: O Lord, our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and forever. **Amen.**

The Lord's Prayer:

Celebrant: As our Savior Christ has taught us, we are bold to say,
Our Father,
People: which art in heaven, hallowed be thy Name.
Thy Kingdom come. Thy will be done in earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those that trespass against us.
And lead us not into temptation, but deliver us from evil;
for thine is the kingdom, the power, and the glory, for ever and ever. *Amen.*

Offertory Sentence

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High. (Psalm 50:1-2)

(Our weekly financial contributions are brought to the altar as a sign of our gratitude to God.)

Celebrant: All things come of you, O lord.
People: **And of what we receive we give to you.**

Offertory

My Shepherd Will Supply My Need

Arr. by Mark Hayes

The Blessing

Celebrant: May God whose hands created you from the dust of the earth, hold you gently and safely in the palms of those same hands.

People: **Amen.**

Celebrant: May the example of Christ, who was tempted in every way that we are, yet never sinned, encourage you to remain steadfast in faith.

People: **Amen.**

Celebrant: May the Spirit, who led Jesus into the desert, guide you through your spiritual journey of these forty days.

People: **Amen.**

Celebrant: May Almighty God bless you, Creator, Redeemer and Sanctifier, Father, Son and Holy Spirit.

People: **Amen.**



1 For - ty days and for - ty nights thou wast fast - ing in the wild;
 2 Should not we thy sor - row share and from world - ly joys ab - stain,
 3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!
 4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;
 5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.
 2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?
 3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!
 4 round us, too, shall an - gels shine, such as min - is - tered to thee.
 5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Words: George Hunt Smytton (1822-1870), alt.

Music: *Aus der Tiefe rufe ich*, melody att. Martin Herbst (1654-1681), alt.; harm. William Henry Monk (1823-1889)

The Dismissal

Clergy: Let us bless the Lord.

People: Thanks be to God!

Participants in Today's Worship

Celebrant: The Rev. Ruth Hanusa, Canon for Parish Life

Preacher: The Very Rev. Dr. William L. Stomski, Dean and Rector

Lector and Prayer Leader: Judy Landis

Musician: Dr. Gary Gordon, Director of Music & Organist

Next Week's Scripture Readings: Genesis 9:8-17; 1 Peter 3:18-22; Mark 1:9-15; Psalm 25:1-9

*All music used with permission – Rite Song, One License #A-71194
 and with permission of the Taizé Community.*

Calendar for the Week of February 21:

- Monday, February 22** - Morning Prayer at 8:00 AM
- Vestry Meeting via Zoom at 6:00 PM
- Tuesday, February 23** - Contemplative Prayer Group at 12:00 PM
- Adult Forum Bible Study at 4:00 PM (Fr. William)
- Grief Group at 6:30 PM (Rev. Ruth)
- Night Prayer at 7:30 PM (Fr. William)
- Wednesday, February 24** – Morning Prayer at 8:00 AM
- Episcopal 101 at 5:30-7:00 PM via Zoom
- Mid-week Lenten Program at 7:30 PM via Zoom
- Thursday, February 25** – Morning Prayer at 8:00 AM
- Taizé' Healing Service - 12:10 PM (Fr. William)
- "Tell us What's Happenin'" – 1:00 PM (Fr. William records to Facebook)
- Seeds of Hope Grief Group at 6:00 PM (Judy Landis)
- Night Prayer at 7:30 PM (Fr. William)
- Friday, February 26** – **Stations of the Cross at 8:00 AM** via Facebook and YouTube
- Ecumenical Bible Study at 9:00 AM (Rev. Ruth)
- Bible 101 at 11:00 AM (Rev. Ruth)
- Sunday, February 28, Lent 2 at 11:00 AM**– Celebrant; Father William; Preacher and Lector; Rev. Ruth,
- Bible and Books at 9:00 AM
- Adult Forum/Bible Study with Fr. William at 9:45 AM
- Children's Sunday School at 9:45 AM
- EYC/JYC at 12:30 PM

St. Paul's Food Pantry Drop-Off Campaign: Due to the continued increase in COVID 19 cases we have cancelled the St. Paul's Food Pantry Drop Off for the month of February. However, we encourage your continued support of the Food Pantry with monetary donations. Those can be mailed to our P.O. Box 2246 address or dropped off at the Parish office, using the mail slot to the left of the glass doors.

Thursday Healing Services using Taizé music are live-streamed and recorded at 12:10PM, as well as being available for viewing, at a later time, on Trinity's Facebook or YouTube page entered through our website.

Our Sunday Eucharist is live-streamed and recorded on Sunday morning at 11:00AM, and is available to you at any convenient time after that through our Trinity website Facebook or YouTube page.

Join us for Night Prayer (bed-time prayer) every Tuesday and Thursday evening at 7:30PM through the cathedral Facebook page. This brief Service is hosted by Father William, using Zoom, and often includes a special guest or presentation on a Commemoration of a saint. (These services are not on YouTube.)

"Tell us What's Happenin': Q and A with Father William" is recorded and posted for Facebook every Thursday at 1:00PM. Follow the directions below to go to our website and onto our Facebook page. In these Q and A sessions Fr. William provides updates on current events, both local and churchwide. He welcomes your comments and questions for future Q and As. Email him at frwilliam@trinityreno.org.

Pilgrim's Visits have been temporarily suspended due to the recent increase of COVID 19 cases. As we approach Lent we will evaluate restarting the visits.

INSTRUCTIONS to get to our on-line worship services.

For the Sunday Eucharist and the Thursday Healing Service, and Q and A with Father William:

- 1.) Go to our Trinity Cathedral website: www.Trinityreno.org
- 2.) To the right of the moving photographs is a text box with a header box in blue, "Announcements." With

your cursor, go down to the blue line that says “Worship with us on-line” click on this.

3.) A new page drops down with “Worship with us online!” in red. The first link is to YouTube – simply click on the phrase; OR click on the second link for Facebook (You **do not need** to have your own Facebook account to access our Facebook page). Once on the Facebook page, save yourself some hassle and click on “Videos.” You may have to first click on “More” and then on “Videos.”

4.) The third choice is the worship bulletin that you can download to follow during the worship service. You can either print it or read it on another device, such as a smart phone or iPad. The bulletin is not available for split-screening. We recommend that you get your bulletin first before going to either Facebook or YouTube for the service.

For the Compline/Night Prayer services which are only on Facebook

Follow 1-3 above. This Service is NOT on YouTube.

For our **On-line Programs** you may log in with the Meeting ID number and passcode that is publicized. Or please feel free to submit your name and email address to the clergy (Fr. William at frwilliam@trinityreno.org and Rev. Ruth at revruth@trinityreno.org) or the office to receive the Zoom invite.

Prayers for the Week of February 21

Members and their family members serving on the Front Line of the coronavirus pandemic: Jeannie Arps, Patient Care, Saint Mary's Hospital; Marilyn Arps, RN, Eugene, OR; Dr. Rich Charlat, Psychiatrist, Renown Medical; Elizabeth Charlat, LCSW, Saint Mary's Home Health Care; Dr. Eloy Ituarte, Washoe County Jail; Dr. Catherine Ituarte, Boston Hospital, MA.; Victoria Samberg, RN, Saint Mary's Hospital; Dr. Adam Stiles, ER Salt Lake City; Dr. Eric Stiles, Nashville, TN; Ashley Lemon-Stiles, RN, Nashville, TN; Dr. Julie Widdison, ER; Gretchen Wolfe, Homecare RN; Nick Zuccarini, Firefighter/Paramedic, Truckee Meadows; Tera Zuccarini, NP, Renown Medical.

Healings for the Trinity Parish Family: Michael Patterson, Joy Hamilton, Ruth Frazier, Nancy Fitzgerald, Dave Neidert, the Baptista Family, Janet Ross and Family, David Morgan and the Morgan Family, the Howard Family, Victoria Samberg, Diane Sheldon, Lynn Allen, and Debbie Zalmana.

Healing for Family & Friends: Kitty Walsh (*J. Arps*) and Jan Jones (*Marilyn Melrose*).

Additional prayers are made for friends and neighbors (*not named here but submitted to the Prayer Chain for daily prayer*).

Repose of the Soul: Antonia Bautista, Alan Ross, Rosevinia Sanchez, Pat McGrew, Fred Howard, Lucy Bouldin, and Mariette Quenneville (*C. Quenneville*).

(Please Note: Names on “The Healing for Friends & Family” list rotate out on a monthly basis, except for those for whom healing prayers are still requested. Please notify the office to submit, remove, or retain names.)

USA Military on Active Duty: Christian, David, Danny, Harry, Matthew, and Joe.

Other Prayer Concerns: Individuals and communities impacted by the Coronavirus Covid-19 pandemic especially the elders of Navajoland and the Paiute Nation of Lake Pyramid; healing for this country from the consequences of the attack on the Capitol Building in Washington, D.C., as well as racial prejudice and injustice; for the police forces of every state and county. For the COVID-19 pandemic vaccination programs, and for hospitals filled to capacity and staff needing to make difficult decisions.

Prayers for our Cathedral Vestry and Staff and Cathedral Chapter:

Vestry: Jeannie Arps, Howard Bennett, Terry Cain (*Junior Warden*), Lindsay Campbell (*Assisting Treasurer*), Cleta Dillard (*Secretary*), Kait Flocchini (*Legal Counsel & Clerk*), Gary Fuller, Brandon Harjer, Carolyn Hoffmann, Eloy Ituarte, Jim Lamb (*Senior Warden*), John Lilley, David Morgan (*Treasurer*), and Margaret Zuccarini.

Staff: The Very Rev. Dr. William Stomski, *Cathedral Dean & Rector*; The Rev. Ruth Hanusa, *Canon for Parish Life*;

The Rev. Patsy Pumphrey, *Deacon*; The Rev. Dr. Julius Rogina, *Associate Priest*; The Rev. John Shoaf, *Associate Priest*;
Dr. Gary Gordon, *Director of Music and Organist*; Judy Landis, *Christian Education Director and EYC Leader*,
Molly Hogan Vatinel, *Cathedral Administrator*.

Cathedral Chapter: The Most Rev. James Waggoner, *Bishop*; The Very Rev. Dr. William Stomski, *Dean*;
Members: Tia Mittlestadt (2020), Robert Andrade (2020), Michael Patterson (2020), Jennifer O'Brien (2018),
Howard Bennett (2018), Pamela Ertel (2018).