

Trinity Episcopal Cathedral
Seventeenth Sunday After Pentecost
September 14-15, 2024



Our mission is to welcome all people to know and live as Christ in the world.

THE HOLY EUCHARIST
SATURDAY 5:00 PM

THE WORD OF GOD

*The lessons and prayers are printed
in the 10 am liturgy.*

The Greeting	BCP 355
The Gloria	BCP 356
The Collect	
The Lessons and Gospel	
The Sermon Rev Graham Kirk Spriggs	
The Nicene Creed	BCP 358
The Prayers of the People	
The Confession	BCP 360
The Peace and Announcements	

THE HOLY COMMUNION

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The Lord's Prayer	BCP 364
The Breaking of the Bread	BCP 364
The Post Communion Prayer	BCP 365
The Blessing and Dismissal	BCP 366

THE HOLY EUCHARIST
SUNDAY 7:30 AM

THE WORD OF GOD

*The lessons and prayers are printed
in the 10 am liturgy.*

The Greeting	BCP 323
The Gloria	BCP 324
The Collect	
The Lessons and Gospel	
The Sermon Rev Graham Kirk Spriggs	
The Nicene Creed	BCP 326
The Prayers of the People	
The Confession	BCP 330
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THE HOLY COMMUNION

The Great Thanksgiving	BCP 340
The Lord's Prayer	BCP 336
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The Blessing and Dismissal	BCP 339

3 Although they have no | words or | language, * **and their | voices | are not | heard,**

4 Their sound has gone out into | all | lands, * **and their message to the | ends | of the | world.**

5 In the deep has he set a pavilion | for the | sun; * **it comes forth like a bridegroom out of his chamber; it rejoices like a | champion to | run its | course.**

6 It goes forth from the uttermost edge of the heavens and runs about to the | end of it again; * **nothing is hidden | from its | burning | heat.**

7 The law of the LORD is perfect and relives the | soul; * **the testimony of the LORD is sure and gives | wisdom | to the | innocent.**

8 The statutes of the LORD are just and re|joice the | heart; * **the commandment of the LORD is clear and gives | light | to the | eyes.**

9 The fear of the LORD is clean and en|dures for | ever; * **the judgments of the LORD are true and | righteous | alto|gether.**

10 More to be desired are they than gold, more than | much fine | gold, * **sweeter far than honey, than | honey | in the | comb.**

11 By them also is your | servant en|lightened, * **and in keeping them | there is | great re|ward.**

12 Who can tell how often | he offends? * **Cleanse me | from my | secret | faults.**

13 Above all, keep your servant from presumptuous sins; let them not get do|minion | over me; * **then shall I be whole and sound, and innocent | of a | great of|fense.**

14 Let the words of my mouth and the meditation of my heart be acceptable |

in your | sight, * **O LORD, my | strength and | my re|deemer.**

A Reading from James (3:1-12)

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits.

How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue-- a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

The Word of the Lord.

People: ***Thanks be to God.***

The Sequence Hymn

Lord, whose love through humble
service Hymnal 610
(v. 1-2 before, v. 3 after)

The Holy Gospel of our Lord Jesus Christ according to Mark (8:27-38)

People: ***Glory to you, Lord Christ.***

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, "Who do people say that I am?" And they answered him, "John the Baptist; and others, Elijah; and still others, one of the prophets." He asked them, "But who do you say that I am?" Peter answered him, "You are the Messiah." And he sternly ordered them not to tell anyone about him.

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things."

He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the

whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

The Gospel of the Lord.

People: ***Praise to you, Lord Christ.***

The Sermon Rev Graham Kirk Spriggs

The Nicene Creed BCP 358

***We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus
Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were
made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the
Virgin Mary,
and was made man.
For our sake he was crucified
under Pontius Pilate;
he suffered death and was
buried.
On the third day he rose
again
in accordance with the
Scriptures;
he ascended into heaven***

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

Prayers of the People

Jesus calls us to give up our lives for others. Leaning on our faith in Jesus, and striving to live as He did, let us pray for all in need, saying: ***Send us your Spirit, O Lord.***

You call us into community and promise to be in the midst of your people. That the church and her leaders, especially Michael, Presiding Bishop of the Episcopal Church; Sean, Presiding Bishop-elect, Elizabeth, our Bishop; The people, staff, and clergy of this Cathedral parish; and all priests, deacons, and members of your Church will proclaim the Word and share the sacraments faithfully, we pray: ***Send us your Spirit, O Lord.*** You call the nations into your service. That our leaders, especially Joseph, our President; and Joseph our

Governor; and all those seeking elected office; will serve with honor and dignity, we pray: ***Send us your Spirit, O Lord.***

O gracious God, you have given up your very self to save the world. That we may be empowered to give up ourselves for one another, we pray: ***Send us your Spirit, O Lord.***

You have made your people equal and free in the baptism of your Son. That we may live joyfully in this new way, we pray: ***Send us your Spirit, O Lord.***

You call us to take up our cross and follow the way of Christ. That we may serve one another and live in obedience to your word, we pray: ***Send us your Spirit, O Lord.***

You call us to open our eyes and see the poor and the needy, the homeless and the hungry who are so very present in our communities. That we may lighten their load by taking it upon ourselves and that we and all institutions of relief may be insistent in our society's care for others, we pray: ***Send us your Spirit, O Lord.***

You lay your hands upon us and bring us peace. We pray for all in need of healing, especially for all those impacted by the Davis Fire, along with the firefighters and crews trying to contain the fires here and in California; Val, Cathy, the Rev. Canon Jim Jeffery, Corey and Kathy, Sterling and Doreen, Ali, Rob, Tom, Dennis and Ryan, Leslie, Julie, David, Courtney, Laura, Nancy, Emily, Madison, Maria, Kevin, Elliot, Kevin, Dan, Janis; and in our diocesan cycle of prayer, we pray for

Coventry Cross in Minden, the Rev. Elizabeth Tattersall, PhD Priest in Charge; and those we now name either silently or aloud. *(pause)* That they may be comforted by your presence, we pray: ***Send us your Spirit, O Lord.***

You set before us the task of protecting the weak and lifting up the ways of justice and truth. That all those in harm's way this day, may live in safety, we pray: ***Send us your Spirit, O Lord.***

You promise us life eternal in your glorious presence. We pray for those who have died, especially Susan Melanie Ervin, Virginia Crowe, Jay Pearce; and those we now name either silently or aloud. *(pause)* That all the faithful departed may rest in peace and rise in glory, we pray: ***Send us your Spirit, O Lord.***

Hear our prayers, O merciful God, and accept our praises. Through the mystery of the cross may we and all the whole world be led to new and abundant life, through Christ our Lord. ***Amen.***

The Confession BCP 360
Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.
We have not loved you with our whole heart; we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in

your will, and walk in your ways, to the glory of your Name. Amen.

The Peace and Announcements

THE HOLY COMMUNION

The Offertory

"Who but the Lord" – Craig Courtney

Eucharistic Prayer B BCP 367

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

***Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.***

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be

incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

***We remember his death,
We proclaim his resurrection,
We await his coming in glory;***

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country

where, with [and] all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

Amen.

The Sanctus Hymnal S-129

The Lord's Prayer BCP 364

***Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.***

The Breaking of Bread BCP 364

The Agnus Dei Hymnal S-161

**The Prayer of Spiritual Communion
for Those Watching Online**

Communion in the Episcopal Church is not limited to Episcopalians or other Anglicans. All baptized Christians are welcome to receive the Holy Eucharist. If you are not baptized but feel drawn to receive, our clergy would welcome the chance to have a conversation with you about baptism – life in Christ is open to all.

Even if you choose not to receive, we encourage you to come forward for a blessing during Communion. Indicate that you would prefer a blessing by crossing your arms over your chest.

*Gluten-free hosts are also available if needed.
Place your right hand over your heart to indicate
that you need gluten-free.*

The Communion Hymns

Let us break bread together on our
knees Hymnal 325
O love, how deep, how broad, how
high Hymnal 449

The Post Communion Prayer

BCP 365

***Eternal God, heavenly Father, you
have graciously accepted us as living
members of your Son our Savior
Jesus Christ, and you have fed us
with spiritual food in the Sacrament
of his Body and Blood. Send us now
into the world in peace, and grant us
strength and courage to love and
serve you with gladness and
singleness of heart; through Christ
our Lord. Amen.***

The Blessing

The Closing Hymn

Glorious things of thee are spoken
Hymnal 522

The Dismissal BCP 366

The Postlude

"Postlude on a Theme of Orlando
Gibbons" - Charles Stanford

Intercessions

Trinity Family and Friends

For all those impacted by the Davis
Fire, along with the firefighters and
crews trying to contain the fires here
and in California; Val, Cathy, the Rev.
Canon Jim Jeffery, Korey and Kathy,
Sterling and Doreen, Ali, Rob, Tom,
Dennis and Ryan, Leslie, Julie, David,
Courtney, Laura, Nancy, Emily,
Madison, Maria, Kevin, Elliot, Kevin,

Dan, Janis; and in our diocesan cycle
of prayer, we pray for Coventry Cross
in Minden, the Rev. Elizabeth
Tattersall, PhD Priest in Charge.

Departed

Susan Melanie Ervin, Virginia Crowe,
Jay Pearce

Bereaved

The Crowe family, family and friends
of Jay Pearce

Flowers

Flowers are dedicated to the glory of
God by Kathy Pettit in memory of her
husband William's birthday, and by
Dorothy Brighton in celebration of her
birthday.

Artwork

"Wisdom Mural" 1896
Robert Reid, 1862-1929

Liturgical Ministers

Altar Guild: Terry Cain, Betsy Bethke,
Marlies Eldridge, Barbara Marquand.

5 pm: Reverend Graham Kirk Spriggs
preaching and presiding. Lee Ryan,
Sean Smith, Lectors; Julie Martinson,
Prayers; Susan Lombardi, EM.

7:30 am: Reverend Graham Kirk
Spriggs preaching and presiding. Gary
Warren, Server/Crucifer; Russ Eldridge,
Lector/Prayers; Joe Nishikida, Usher.

9 am: Reverend Graham Kirk Spriggs
preaching and presiding. Luke Wolfe,
Crucifer; Dexter Kihorny, Server; Sarah
Harjer, Prayers; Jack Wolfe, Dennise
Howard, EMs.

11 am: Reverend Graham Kirk Spriggs
preaching, Dean Timothy Watt presiding.
Terry Cain, Server/Crucifer; Nancy
Petersen, Frank Baird, Lectors; Lindsay
Campbell, Prayers; Lisa Otterson, Cathy
Brewster, EMs; Tom Anderson, Gary
Parks, Ushers.