

# Trinity Episcopal Cathedral

*Third Sunday in Lent  
March 7, 2026, 5 pm  
March 8, 2026, 11 am*



***Our mission is to welcome all people to know and live as Christ in the world.***

## **The Prelude**

"Adagio" – Samuel Barber

## **The Opening Hymn**

*Stand as comfortable.*

Guide me, O thou great Jehovah  
Hymnal 449

## **THE WORD OF GOD**

**The Greeting** BCP 355

Bless the Lord who forgives all our sins;  
***His mercy endures for ever.***

Almighty God, to you all hearts are open,  
all desires known, and from you no  
secrets are hid: Cleanse the thoughts of  
our hearts by the inspiration of your Holy

Spirit, that we may perfectly love you,  
and worthily magnify your holy Name;  
through Christ our Lord. ***Amen.***

**The Kyrie** Hymnal S-86

***Kyrie eleison. Kyrie eleison. Kyrie  
eleison.***

***Christe eleison. Christe eleison.***

***Christe eleison.***

***Kyrie eleison. Kyrie eleison. Kyrie  
eleison.***

The Lord be with you.

***And also with you.***

Let us pray.

## The Collect

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*Please be seated.*

## A Reading from Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.

**Thanks be to God.**

## The Response

Psalm 95



- 1 Come, let us | sing to the | LORD; \* **let us shout for joy to the | Rock of | our sal'vation.**
- 2 Let us come before his presence | with thanks'giving \* **and raise a loud | shout to | him with | psalms.**
- 3 For the LORD is a | great | God, \* **and a great | King a'bove all | gods.**
- 4 In his hands are the caverns | of the | earth, \* **and the heights of the | hills are | his | also.**
- 5 The sea is his, | for he | made it, \* **and his hands have | molded | the dry | land.**
- 6 Come, let us bow down, and | bend the | knee, \* **and kneel be'fore the | LORD our | Maker.**
- 7 For he is our God, and we are the people of his pasture and the | sheep of his | hand. \* **Oh, that today you would | hearken | to his | voice!**
- 8 Harden not your hearts, as your forebears | did in the | wilderness, \* **at Meribah, and on that day at Massah, | when they | tempted | me.**
9. They put me | to the | test, \* **though | they had | seen my | works.**
- 10 Forty years long I detested that gene'ration and | said, \* **"This people are wayward in their hearts; they | do not | know my | ways."**
- † 11 So I | swore in my | wrath, \* **"They shall not | enter | into my | rest."**

## **A Reading from Romans 5:1-11**

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

***Thanks be to God.***

## **The Sequence Hymn**

As longs the deer for cooling streams (v. 1-3 before, v. 4 after)      Hymnal 658

**The Holy Gospel**      John 4:5-42

*Stand as comfortable.*

The Holy Gospel of our Lord Jesus Christ according to John.

***Glory to you, Lord Christ.***

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this

mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper

may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.

***Praise to you, Lord Christ.***

### **The Sermon**

Canon Julius M. Rogina (5 pm)

Dean Timothy Watt (11 am)

### **The Nicene Creed**

BCP 358

*Stand as comfortable.*

***We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were  
made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the  
Virgin Mary,  
and was made man.***

***For our sake he was crucified  
under Pontius Pilate;  
he suffered death and was  
buried.***

***On the third day he rose again  
in accordance with the  
Scriptures;  
he ascended into heaven  
and is seated at the right hand  
of the Father.***

***He will come again in glory to  
judge the living and the dead,  
and his kingdom will have no  
end.***

***We believe in the Holy Spirit, the  
Lord, the giver of life,  
who proceeds from the Father and  
the Son.***

***With the Father and the Son he is  
worshipped and glorified.***

***He has spoken through the  
Prophets.***

***We believe in one holy catholic  
and apostolic Church.***

***We acknowledge one baptism for  
the forgiveness of sins.***

***We look for the resurrection of the  
dead,  
and the life of the world to  
come. Amen.***

### **Prayers of the People**

We have been birthed for holiness in Christ, by whose arduous labor we are awakened to life. That the wounds of our crucified Christ may not be in vain, let us pray to the Lord, saying: ***We beg for mercy, O God.***

For the whole church universal, for an end to our divisions, for all who lead and all who minister, and for all the baptized, we pray: ***We beg for mercy, O God.***

For all who seek the living waters of baptism, and for all seeking a deeper

knowledge of faith, we pray: ***We beg for mercy, O God.***

For the nations, for peacemakers, for all the world's peoples, for the governing authorities in every nation, state, and city; and that the wealthy and free may uplift the poor and oppressed, we pray: ***We beg for mercy, O God.***

For the will to give all your people access to your grace, and for the will to supply food and sustenance to all the world's people, we pray: ***We beg for mercy, O God.***

For all whom we avoid, those we consider ungodly, the outcasts and beggars, the downtrodden, for our enemies, and for an end to our hardness of heart, we pray: ***We beg for mercy, O God.***

For all who yearn for health, for the disabled, for those in mental anguish or spiritual turmoil, for the incurably ill, and for all who remember or care for them. We remember today Glen, Emily, Jessica, Diana, Jennifer, Nancy, Joan, Ari, James, Kevin, Bruce, Sarah, Bob, Braeden, Kinley, Jodie, Jaydan; and in our Diocesan Cycle of Prayer, we join the bishop in praying for our Diocesan Standing Committee; and those whom we now name either silently or aloud [*please add your own petitions*]. For all those in need of healing, we pray: ***We beg for mercy, O God.***

For all those who serve in the armed forces of this and every nation, particularly those deployed in harm's way this day, and for an end to our violent ways, we pray: ***We beg for mercy, O God.***

We praise you, God of our hope, for all the faithful departed who entered into your labors and worshiped you in truth,

especially Dorothy, Howard, Dorothy, Jean, and those we now name either silently or aloud [*please add your own petitions*]. That we too may live faithfully and enjoy eternal life with you, we pray:  
**We beg for mercy, O God.**

*Presider:*

Pour your love into our hearts, O God of peace. Give us joy in our suffering, endurance in trials, character in times of weakness, and hope in adversity. So may we live, born always anew in you, who has brought us to new life, now and forever. **Amen.**

**The Confession** BCP 360  
*Stand or kneel as desired.*

Let us confess our sins against God and our neighbor.  
**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

**The Peace** BCP 360  
*Stand as comfortable.*

The peace of the Lord be always with you.

**And also with you.**

**Announcements**

## THE HOLY COMMUNION

### The Offertory

"Jesu, Dulcis Memoria" – T.L. Victoria



Scan the QR code at left or text "TRINITYRENO" to 73256 to give using your mobile device.

**The Great Thanksgiving** BCP 361  
The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth...

... Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**The Sanctus** Hymnal S-124  
**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

Stand or kneel as comfortable.

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

***Christ has died.***

***Christ is risen.***

***Christ will come again.***

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor

and glory is yours, Almighty Father, now and for ever. **Amen.**

**The Lord's Prayer**

BCP 364

*Stand as comfortable.*

And now, as our Savior Christ has taught us, we are bold to say:

***Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,***

***on earth as it is in heaven.***

***Give us this day our daily bread.***

***And forgive us our trespasses,  
as we forgive those***

***who trespass against us.***

***And lead us not into temptation,  
but deliver us from evil.***

***For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.***

**The Breaking of Bread**

BCP 364

Christ our Passover is sacrificed for us;

***Therefore let us keep the feast.***

**The Agnus Dei**

Hymnal S-161

***Lamb of God, you take away the sins  
of the world: have mercy on us.***

***Lamb of God, you take away the sins  
of the world: have mercy on us.***

***Lamb of God, you take away the sins  
of the world: grant us peace.***

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*Please be seated.*

*Communion in the Episcopal Church is not limited to Episcopalians or other Anglicans. All baptized Christians are welcome to receive the Holy Eucharist. If you are not baptized but feel drawn to receive, our clergy would welcome the chance to have a conversation with you about baptism – life in Christ is open to all.*

*Even if you choose not to receive, we encourage you to come forward for a blessing during Communion.*

*Indicate that you would prefer a blessing by crossing your arms over your chest. Gluten-free hosts are also available if needed. Place your right hand over your heart to indicate that you need gluten-free.*

### **The Communion Hymns**

O Jesus, joy of loving hearts Hymnal 649  
O love of God, how strong and true  
Hymnal 456

**The Post-Communion Prayer** BCP 365  
*Stand as comfortable.*

Let us pray.

***Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.***

**The Blessing** BCP 366

### **The Closing Hymn**

Come thou fount of every blessing  
Hymnal 686

**The Dismissal** BCP 366

### **The Postlude**

Voluntary on "Nettleton"  
– David Cherwien

### **Intercessions**

#### **Trinity Family and Friends**

Glen, Emily, Jessica, Diana, Jennifer, Nancy, Joan, Ari, James, Kevin, Bruce, Sarah, Bob, Braeden, Kinley, Jodie, Jaydan; and in our Diocesan Cycle of Prayer, we join the bishop in praying for our Diocesan Standing Committee

#### **Departed**

Dorothy, Howard, Dorothy, Jean

#### **Bereaved**

Cathy; Greg; Lisa; family and friends of the departed

Send your prayer request to  
[prayerteam@trinityreno.org](mailto:prayerteam@trinityreno.org).

### **Artwork**

"Christ and the Samaritan Woman"  
1890  
Siemiradzki, Henryk, 1843-1902

### **Liturgical Ministers**

**Altar Guild:** Juliette Leneaux, Karen Henke, Anne Towner, Jody Robinson.  
**5 pm:** Canon Julius M. Rogina preaching and presiding. John Seelmeyer, Gary Fuller, Lectors; Julie Martinson, Intercessor; Susan Lombardi, EM.  
**11:00 am:** Dean Timothy Watt preaching, Canon Diana Turner presiding. Frank Baird, Nancy Petersen, Lectors; Kurt Mische, Intercessor; Terry Cain, Server/Crucifer; Lisa Otterson, Betsy Bethke, EMs; Harold Campbell, Gary Parks, Ushers.

### **Vestry**

Nan Marie Wollam (Senior Warden), Margaret Brown, Rebecca Dixon, Josette Dornoff, Alex Dyer, Aaron Koning, Jacob Macaluso, Katherine Mahannah, Eric Meagher, Eric Nummela, Gary Warren, Natalie Humphries (Youth Representative)

### **Trinity Cathedral**

The Rt. Rev. Elizabeth Bonforte Gardner, Bishop of Nevada  
The Very Rev. Timothy Watt, Dean  
The Rev. Canon Diana Turner, Canon for Intergenerational Ministry  
The Rev. Canon Julius M. Rogina, Associate Priest  
The Rev. Canon James Jeffery, Rector Emeritus  
Jerrold Tidwell, Director of Music

*Please be advised that the 11 am service is live streamed. Attendees may appear briefly on the live stream, particularly during communion. Attendance at this service constitutes consent and acknowledgement of such.*