

Trinity Annual Report for 2019
PRESENTED JANUARY 26, 2020

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Agenda for Annual Meeting

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A Lot of Good Men (ALOGM) – Clyde Ikehara, John Hill and Tom Anderson

A Lot of Good Men

ALOGM has “no agenda” monthly gatherings where we share meals (breakfast and lunch usually) at various venues in Reno. The E-Mail distribution has increased to 64 men and the monthly attendance averages about 20+ men. Several events have seen the attendance exceed 20+ men. The “First Saturday” breakfasts are obviously always on a Saturday and other monthly events are scheduled during different days of the week with weekend events drawing the higher attendance. We encourage all men of Trinity to come and know each other in a more causal environment. Just pick the event that you are able to attend, RSVP, and come.

The group also supports the Shrove Tuesday Pancake Dinner in the Parish Hall by setting up the hall and preparing and serving the dinner. There was an excellent attendance of over 60 persons this year. We also helped with other events and activities including setting up Parish Hall for the Angel Tree dinner, manning the BBQ at the annual picnic and Ministry Fair, and helping parishoners with various tasks.

Altar Guild – Juliette Leaneaux

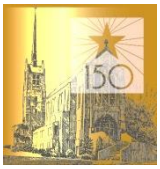
ALTAR GUILD

St. Martha’s Altar Guild continues to thrive and grow. This ministry offers a rewarding devotional experience to all its members. The following are a few things that happened in 2019, and what we are looking forward to.

1. We acquired new stoles.
2. We now have a substantial, oil filled Paschal Candle that enhances our Cathedral space.
3. We submitted a detailed budget and outlined a future “wish list” with costs.
4. Most importantly, we have 5 new members who bring their experience, expertise, and fresh eyes to our ministry. This is essential to any Altar Guild, as we will always have new challenges to embrace. The myriad talents of all our members can only be a positive as we move forward with the renovation.
5. One of the challenges we will be facing is the logistics of the move to the Parish Hall.

In conclusion, the fellowship & devotion of members to this ministry continues to be a blessing to all of us.

Anniversary Committee, 150th — David Chute



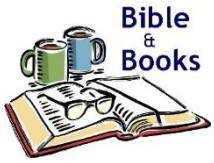
The 150th anniversary committee is comprised of four parts. The first group is researching the history of our clergy and laity; the second group is researching the history of the church; the third group is working on the history of the Episcopal Church in Reno and Nevada, and the last group is planning how we can acknowledge and celebrate these events.

As always, this is an exciting time in the church and we welcome additional volunteers in moving these groups forward to a successful jubilee. Please contact the church office to offer your assistance.

Baby Bundles – Ann Crase and Susan Lombardi

Having the opportunity to "play" with adorable baby clothes and colorful blankets and homemade afghans is a joy. Each month we prepare and deliver bundles of clothing and newborn essentials to St Mary's and Renown hospitals. Thanks to generous support from Trinity and St Catherine's parishioners in 2019, we were able to furnish 90 bundles to babies and mothers in need.

Bible & Books — Rev. Rick Millsap



It has been my pleasure for many years to research and select the books we read in Bible & Books. In January, we shared *Gifts of the Dark Wood: Seven Blessings for Soulful Skeptics (and Other Wanderers)* by Eric Elnes. During Lent, we enjoyed *Blessed Is She: Living Lent with Mary* by Tim Perry, that was a very powerful book looking at Lent and Holy Week through Mary's eyes. We concluded our education year with the book *When Bad Things Happen to Good People* by Harold S. Kushner. A classic, this books deals with that age-old question, "If God is good, why is there so much pain in the world?" In the fall, we began with *Bringing Narnia Home: Lessons from the Other Side of the Wardrobe* by Devin Brown. Brown takes the well-known children's book *The Lion, the Witch, and the Wardrobe*, and pulls out the deeper underlying Christian lessons for our lives. For Advent, we chose *Because of Bethlehem* by Max Lucado. In Lucado's book, we see reasons why, in the middle of all our hectic lives we can have hope… because of Bethlehem. For Epiphany, we are reading *Tired of Apologizing for a Church I Don't Belong To: Spirituality without Stereotypes, Religion without Ranting* by Lillian Daniel. If you too are tired of Christians being painted with a broad brush in popular imagination, this book is for you!

Centering Prayer Support Group – Judy Anderson and Joan Peyser

- Number of People Involved: Anywhere from 8-15
- Total Number of Hours: 1 hour per week = 52 hours

Centering Prayer is a daily spiritual practice that is encouraged by a weekly support group, a time when we sit in silence for 20 minutes together. For seven years Trinity Cathedral has offered this spiritual practice in a sacred space to an ecumenical community.

"God's first language is Silence. Everything else is translation." "God's language is silence, and it's a very difficult language to learn." "The chief thing that separates us from God is the thought that we are separated from God." ~ Fr. Thomas Keating (3/7/23 – 10/25/18)

"What is prayer? Prayer is responding to God by thought and by deeds, with or without words."~ Book of Common Prayer

Sometimes Lectio Divina (meditative reading) is offered. "The Benedictine insight that reading, if it is to be authentic and nourishing, cannot be undertaken simply with the eyes and the mind. Rather, it must involve the whole person: mind, heart, body, and spirit. It is reading for formation, not information. . . ." For the past several months we have been reading contemplatively using a series of booklets from the Bridges to Contemplative Living with Thomas Merton (and other voices) to enhance our centering prayer practice and to support each other in our contemplative way of living.

We meet every Tuesday (unless a holiday falls on a Tuesday) from 12:00 (silence begins at 12:10) to 1:00 p.m. in the Trinity Library. All are welcome!

Circle of Friends – Dorothy Walrath

One of the quieter ministries here at Trinity Cathedral is Circle of Friends. It is a ministry of care and support for those persons living alone. On a daily basis each member makes a phone call to another member. In return each member receives a phone call. Conversations are usually brief and the idea is to convey care for one another. I maintain the calling schedule and change it about every two to three months. This way there is an opportunity for everyone to speak to a variety of people.

If this is an activity you would be interested in or need more information, please give me a call at 775-829-0568. I look forward to hearing from you!

Communion Milestone —Fr. William Stomski

The first Communion Milestone class is usually held during the Easter Season of with student and parent participation with a Saturday morning class. A program was not held in 2019.

This program was developed by Father William with his Doctoral Studies as a means to bring parents and students together to learn about the Sacrament of Holy Communion. Worship, and the Bible. Often parents are unaware of the importance of their own spiritual leadership in the home, and this is a means to enable them to feel better equipped to talk about faith, worship and the Bible.

The Milestone Event to honor the families who have studied with the Milestone Communion Program is held on Pentecost Sunday.

Daughters of the King — Carolyn Hoffmann

The Order of the Daughters of the King (DOK) is an order for women who are communicants of the Episcopal Church. The international Order is over 138 years old. All Daughters pledge

themselves to a life-long program of prayer, service and evangelism. We are dedicated to the spread of Christ's Kingdom and the strengthening of the spiritual life of our parish.

The Order of Daughters of the King, Saint Hildegard of Bingen Chapter, currently has eleven members.

The Angel Tree Christmas Project is our annual service project. With the help of the parish we host the Angel Tree Dinner with about 100 people in attendance. We then organize, collect and distribute Christmas gifts provided by the congregation to over 115 needy children. The Daughters work with the local school district to identify the children served; this year Stead Elementary School is the school served.

We are a prayerful Order. Our monthly meetings focus on our spiritual growth and prayer for the Trinity family. We are here as a support network for the parish. We always ask for your prayers.

Divinely Fine Women (DFW) — Liz Boog

With no agenda and no formalized meetings, Divinely Fine Women (DFW) offers all women of Trinity Cathedral the opportunity to get to know each other better at comfortable and welcoming social events throughout the year. Members get together once a month in members' homes or in restaurants, usually for lunch, brunch or afternoon tea.

A small sample of past gatherings includes delightful garden parties at Donna Jean's, potluck lunches surrounded by art at Carolyn's, a pool party with cake and champagne at Carol's and lunch at Café Muse followed by docent-led tours at the Nevada Museum of Art. One of the most popular events every year is the joint dinner with A Lot of Good Men (ALOGM) usually held in late summer.

Organized about ten years ago by four original members known as the Qwerky Quartet, the group has grown steadily since. Although DFW is predominantly social, the group has also taken the responsibility of sending cards to parish members who need comfort. Members also contribute to the food bank .

Contact: Liz Boog at eboog.mcqlancers@gmail.com or 775-287-9642

Education: Canon's Report —Rev. Mikayla Dunfee

What a joy it is to serve as your Canon for Education! With the shifting of the 10:30 service to 11:00am, we have created space to really prioritize education at the Cathedral, and we are now reaping the rewards! Our formation programs are gradually growing and sustaining that growth, which is a great place to be. God is busy here! What's more I am so delighted to be a priest on staff of such an active and lively community. Your faithfulness and witness is an inspiration daily.

We're not just about growing unto ourselves, but we are also making a marked effort of reaching out. In 2019, saw the introduction of a VBS (Vacation Bible School) partnership between Trinity and Good Shepherd Lutheran, as well multiple youth events amongst other faith communities such as: the Northern Nevada Interfaith Skate-a-thon, pizza and "Stump-the-Pastor" with First United Methodist, walking in the Crop Walk, and attending Shabbat services at Temple Sinai before our annual Lock-in.

In 2020, I would like to begin a Confirmation program for our youth group. They is a significant batch of 13ish year olds, and we've laid down roots enough with one another, that the time is right for beginning a big, formational project. With the goal of Confirming all of our current youth group members (and perhaps not quite yet the rising 5th graders) at Easter 2021, I will develop a "roadmap" to get there. This roadmap with build upon our foundation of service, creation, and prayer, and develop a more robust "growth" with regard to theology, scripture, and the ministries of the Church.

Furthermore, I am very excited in this next year to partner with our new Music Director (whoever that may be) to create a culture of music for youth. We have long been craving a children's/youth choir, and the fact that this desire is explicit in Music Director Search gives me hope that we will finally achieve it! There has been some discussion in recent history of musical performances involving an impromptu children's choir, but I think that in the long run, such a one-off event could cause more damage to developing a program of integrity and longevity than helping it. Starting a program now, just to redirect it in a few months, would be more harmful to relationships and enthusiasm than it's worth. As such, I have avoided the temptation to call together our children's voices until we can do so according to the new Music Director's wishes.

As you may know, my position was created in conjunction with Camp Galilee. On May 10, 2019 I began my hiatus from Trinity to serve a second summer as Program Director and Resident Chaplain at Galilee. This year, we welcomed some 275 campers (and another 30 or so staff and counselors) to experience God in Creation and learn about Reconciliation!

Education: Weekly Bible Class and other Christian Education Opportunities — Rev. Rick Millsap



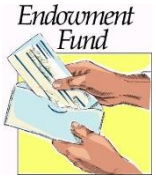
Our weekly Bible class on Fridays has continued, which partially comes under education, but also serves a pastoral function for seniors who would like to come together during the day. Every week, we look at the coming Sunday's Gospel reading. I have kept it varied, using different study methods. The more ways of studying the Bible people learn, the more likely they will find one or two ways that really work for them. I have also introduced a monthly mailing to seniors in our congregation covering topics of particular interest to them.

During Lent this year, I offered a class about different prayer practices on Wednesday evenings.

In the fall, I facilitated a class on Anglican History that was well-received. The extra time I have now that we have Rev. Mikayla here has allowed me more time to teach. This is the first fall I've been able to do this.

The 9:45 a.m. Adult Class has changed this year. In the past, we had a number of weeks of a specific study. This year, we have added guest speakers, groups from the Cathedral, and special interest classes

Endowment Fund — Mimi Butler



The Trinity Endowment Fund was established to promote Trinity's mission of proclaiming by work and example the Good News of God and Christ, seeking and serving Christ in all persons and respecting the dignity of every human being. Our financial aim is to have holdings of $1 million dollars to benefit the future of Trinity Episcopal Cathedral. At this time the fund's balance is (Add $ here)

The board continues to meet quarterly. There are three members (who serve 3 year terms), a vestry liaison and the Dean of the Cathedral. There is a treasurer and a member who serves as secretary. Each member attends meetings, reviews financial statements and manages the fund to ensure the best net return of investments for the future of Trinity Cathedral.

Please consider making a contribution to the endowment fund. Donations of any amount to the fund make a difference! The endowment board members are a 100% giving board. We are grateful for the donors who contributed to the endowment fund this year and those who are dedicated to funding Trinity for years to come. (Add list of donors here)

If you would like more information, please contact David Morgan, treasurer, Father William, Dean of the Cathedral or Laura Wallace, chair, John Lilley, Vestry liaison, Mimi Butler, Secretary and Bonnie Strader.

Episcopal 101 - New Members/Inquirers / Confirmation Class – Fr. William Stomski

This class is designed to focus on those who are new to the Episcopal Church, planning to be married, wishing for a baptism or their child's baptism, inquiring about becoming an Episcopalian, or seeking membership with the Trinity Cathedral community. Some are present members looking to review what the Episcopal Church believes and teaches. This class is designed to address all of these concerns as adult spiritual development is addressed and nurtured. The class also serves for those doing special training as Eucharistic Ministers and Visitors, or even to begin a discernment process for Holy Orders.

Typically I offer this seven week class in the Fall and/or Spring depending on the need at the time to prepare new members for reception with the Bishop's annual visit and/or the Easter Vigil. Each seven week session ends with a final class that does an "instructed Eucharist" with a potluck dinner as we experience the Eucharist in the context of a table meal as was the Last Supper.

The Spring class was held this past year during the Lenten Season, Wednesday nights beginning with attending the Ash Wednesday Service on March 6 through the Wednesday after Easter Day – we did not meet on Wednesday of Holy Week.

Lent was busy with baptismal family counseling/preparations families of 3 infants, 2 children and 2 adults; Affirmation of Baptism (folks coming to the Episcopal Church from other Christian denominations) with 5 adults, and we had transfers from other Episcopal churches throughout the country with 17 adults and an infant.

An Episcopal 101 Class was held again in the Fall (September 11th through October 23rd). Five people attended. Three adults were confirmed by Bishop Jim Waggoner on Advent 2 weekend, December 7th.

The class book is *Those Episkopals* by Dennis R. Maynard. The courses were taught by Father William Stomski.

Eucharistic Ministers (7:30 AM) –Bob Sauerbrei

The 7:30 EM group has faithfully participated in all capacities including readings, acolyte duties, chalice bearers and greeters while serving at the 7:30 service. The following members currently serve as EM's at the 7:30 service. David Morgan, Eloy Ituarte, David Chute, Ann Morgan, Steve Katzman, Susan Katzman, Joan Peyser, Lindsay Campbell, Diana Sauerbrei, and Bob Sauerbrei. Larry Kirk, a long-time member of the group, retired mid-year and will be greatly missed in this capacity.

Lectors — Lindsay Campbell

The Lector ministry is special to the first part of our services. They read lessons which are assigned by the Book of Common Prayer three year lectionary for each Sunday, Feast Day or other occasions. They also lead the reading of the Psalms when they are not sung, as well as lead the congregation in the Prayers of the People when not lead by the Deacon. The dedication of those in this ministry is outstanding. Each prepares their lesson with study and practice so they may bring the word of God to the congregation in a meaningful way.

The Thursday 12:10 Lector is Juliette Leneaux.

Saturday's 5:00 PM service asks of volunteers from the attending congregation. In general serving are Barbara Marquand, John Seelmeyer, Dorothy Brighton, and Sarah Britt.

The 7:30 AM Rite I service (see material under "Eucharistic Ministers")

Each 11:00 AM service uses three lectors - 1st reading (usually Old Testament), 2nd reading (usually New Testament), and the Prayers of the People. There are times they lead the congregation in the Psalm. We have seen growth in the number of Lectors.

11:00 Sunday Lectors are: Ann Morgan, Anne Towner, Cathy Brewster, Chris Chrystal, Dave Bennum, Dave Mueh, Dorothy Walrath, Ernie Westbrook, Frank Baird, Guy Moreno, Jane

Stoneback, Jim Lamb, Joan Peyser, Jodie Rossi, Juliette Leneaux, Marilyn Hadley, Mark Miller, Mary Nelson, Nancy Petersen, Nancy Richards, and Pat Gardner.

Eucharistic Visitors — Howard Craig-Aakervik



Eucharistic Visitors trained members of the congregation and commissioned to take the Blessed Sacrament to members of the community who are homebound or infirmed. This ministry keeps the members in touch with the congregation in sprit and prayer.

Eucharistic Visitors are dispatched each Sunday with the Blessed Sacrament to members of Trinity's congregation who have requested a visit. Parish members wishing to have the Sacrament brought to them need only contact the parish office, and your visit can be arranged on an agreed day. Trinity Eucharistic visitor also takes the communion to assisted living facilities on request; Park Place Assisted Living on the first and third Sundays of the month. Trinity's Eucharistic Visitor joins with St. Catherine's Eucharistic visitors on the second and fourth Tuesday afternoons of each month to share the sacraments with the residents of the Lakeside Health and Wellness Center (formerly Manor Care) on Plumas Avenue.

Trinity's Eucharistic Visitors welcomes new visitors Kenneth Hines and Terry Cain, our latest Eucharistic Visitors to our team; we are saddened at the retirement of Ruth Frazier and Diane Sheldon. Our Eucharistic Visitors along with Kenneth and Terry are Margot Davidson, Lucy Bouldin (Piano Accompanist), Lindsay Campbell, Su Cothren, Dave and Laura Neidert, Joan Peyser and Howard Craig-Aakervik, have made visits to over a dozen individual Eucharistic Visits and twenty-seven visits between Atria Summit Ridge Assisted Living and Park Place Assisted Living during 2019.

Floral Guild — Ernie Westbrook

Trinity Cathedral's Floral Guild continues its efforts to provide the most appropriate and seasonal arrangements to honor our Lord and our faith community. This year has seen great strides in our efforts to provide the most for the dollars that are donated for each week while, at the same time, adhering to a budget that will allow for floral arrangements on those special holiday occasions. (We do not work with the potted poinsettias and lilies at Christmas and Easter – this is done by the Altar Guild.)

The Poinsettia and Easter Lily contribution/memorials first pay the bill for those needed potted flowers, then the extra funds help defray expenses for supplies and weekends when we are shy of sponsorships.

Those of you who have volunteered as Guild members have made phenomenal efforts when called upon to serve and I look forward to those times when we meet to learn additional design techniques that will further enhance our creations.

I want to thank Howard Bennett and Sandi Brooke, especially, for those spur of the moment calls to serve that help me immensely with my efforts; thank you both.

The Floral Guild continues to encourage those interested in basic church design for cathedral needs to contact Ernie at 561-779-5114. Guild members will learn the basics of cathedral rules and requirements for anything arranged by the Guild. This course of study will eventually advance to a more senior level of design. If interested in joining us please call me, leave a message and contact phone number and I will return your call so that we might arrange time convenient for you to begin training. You will never be alone in your efforts until such time as I know you are ready; so do not be afraid to volunteer. Also, if you have any questions just call me.

For the year 2020, the Vestry has approved that the fees to cover the flower purchase and arranging be raised to $50 per vase ($100.00 for the two vases needed each Sunday). The cost of fresh flowers and the necessary supplies are making our efforts difficult to supply the desired arrangements we need to see with the cathedral parish. (by the way, many parishes are charging $80 an arrangement.)

Greeters — Sandi Brooke

This ministry welcomes new faces who attend the 10:30 service each Sunday. Greeters try to recognize new faces to Trinity and give then an extra personal welcome. The newcomer is given a small gift bag that includes a magnet with the service times, phone number, Facebook and email contacts. Additionally the monthly newsletter, welcome trifold information sheet, a pen and a welcoming letter from Fr. William are enclosed.

Currently we have about ten greeters. There is always room for another greeter. It involves about 15 minutes before and after the service. You serve about once a month to six weeks. If you can offer a friendly smile just your calling. and a warm greeting this might be

Hand Chimes in Review — Jim Heller



2019 was a busy year for the Trinity Hand Chimes Choir. We presented a prelude for an 11 am service in the season after Epiphany. Then we did a prelude during Lent. We also played for the Nevada Prayer Breakfast in early April. That was followed by an offertory on Palm Sunday and a prelude after Easter.

In July, we played at Renown South Meadows for their Diversity Program. We performed seven pieces representing our Liturgical Year including Advent, Christmas, Epiphany, Lent, Holy Week, Easter and Thanksgiving.

After our Summer break, we presented preludes for All Saints Sunday and Thanksgiving. We also played our Thanksgiving prelude for the Nevada Interfaith Association Thanksgiving Service. We ended the year with a prelude during Advent.

We were asked to participate in our Christmas Services, but could not do so because some of our players were going to be out of town visiting family. We have barely enough people to cover the notes as is, so we did not have a viable group to play any music for Christmas.

Housekeeping (Church Care Ministry) — Jan Moore

Our ministry contains four teams: Each team spends an hour or so on a Saturday morning, each month, making sure the pews are "in order." They see that the prayer books, hymnals, welcome cards, envelopes, and pencils are available in each pew and that things are tidy. The members cherish the quiet time they have there and pride themselves to have experienced sitting in every pew at Trinity. We would gladly welcome others who might enjoy this experience. Our current volunteers are David Chute, Joan Collins, Jim and Dee Ann Verdi, Mary Gainey, Ginny Nelson, Kathy Records, Linda Stetzell, and Jan Moor.

Library — Lucy Bouldin

A software program called Surpass CL – Church Library Edition is used in the Trinity Episcopal Cathedral Library. Three items are included: (1) administration, (2) cataloguing and (3) circulation. The current edition as December 15, 2019 as its renewal date. Still using regular numerical barcoding. Joan Peyser is current assistant. 1,414 books have been processed.

Current Collection

Audios – already in collection	167
DVD's - already in collection	16
VHS's - already in collection	104
Books already in collection (include 2019 donations)	2,250
CDs already in collection	37
Books donated in 2019 (5 donors)	144
Total Collection includes 1,414 books that have been processed	3,592

All donated books have been in excellent condition. Volunteered 37 Thursdays so far in 2019. One hundred forty-eight (148) hours Hope to get bookcase just for children's books.

Main tasks:

1: Continue adding items to system correctly,

2: Make sure all items are accounted for.

3: Make sure all recorded checkout items are returned.

Music Ministry — Howard Bennett and Barbara Small

In late July, Trinity Cathedral lost its organist/choir director, so Howard Bennett took over as temporary organist for the summer services. The vestry appointed five Trinity members to

search as a committee for a new organist/choir director, and in the process Barbara Small became the interim choir director. Trinity's St. Cecilia choir lost approximately one third of its membership over the summer, but the choir's balance among its voices improved. We're happy to report that we have since gained four new members: a bass, a soprano, and two tenors.

Many members of the congregation have commented about how much they enjoy both the organ playing and the choir, and Barbara finds great joy working with such accomplished and friendly singers. Howard continues to play for all services. Most importantly, the search committee completed its work of creating a job description for the new, now full-time organist/choir master, publicized the position, and Trinity Cathedral has already received 15 highly qualified applicants for the position. The position will remain posted until January 31st, and the process of sorting applications will commence. Candidates will be narrowed to likely 6 or 7 for teleconferences with the Search Committee. The final three candidates will be invited to come to Trinity to meet with us, play our pipe organ, lead a choir practice, and play a service for the congregation. The final recommendation will then be made to Father William, our Wardens and Vestry for the hiring process.

Oblation Bearers — Helen Paganucci

We have a faithful group of oblation bearers whose responsibility is to bring up the gifts of bread and wine to the altar at the 11 o'clock service. It is a simple, but very meaningful gesture. The frequency of participation depends on the number of people volunteering. We have 16 right now and would welcome more. To volunteer, contact Helen Paganucci at helenhosta@gmail.com or 775-229-0679

Outreach to the Wider World – Fr. William Stomski

Funds given for special causes beyond the community

Baby Bundles	$ 1,680.00
Diocese of Jerusalem: (Nat'l request for Good Friday)	756.00
Food for the Poor – Lenten "Dean's Challenge"	1,908.00
*Camp Galilee (Scholarships)	5,250.00
Episcopal Relief and Development	10,619.00
Angel Tree offering (cash donation beyond the gifts)	2,697.00
Sack Lunch Program (donations above the budget amount)	1,220.00
Church Divinity School (canon law – 1% of net income)	381.00
Rev. Stefani Schatz Memorial (to Seminary)	2,454.00
** KIVA	1,000.00
Rector's Discretionary Fund	13,533.86
UTO (United Thank Offering)	3,613.03

Total $ 55,883.17

Parish Council — Howard Bennett

The Parish Council was convened during 2019 to facilitate communication between our myriad of ministries here at Trinity Cathedral. Composed of the leaders of each ministry, we have met to discuss common needs, prepare for the annual ministry fair, and work to build a collegial group of parish leaders. In our discussions, great communication has developed and the members of the Parish Council sense that we are a team, with each member possessing unique skills that makes us all strong. The leadership of the ministries is outlined in a newcomer's book prepared by the members and made very professional through the publishing skills of James Lamb. These booklets are available in the office for anyone who would like such a directory.

Pastoral Care & Parish Life Report — Rev. Rick Millsap



Because of our increased clergy staff, it has been a real pleasure to be able to do more direct pastoral care than I had time to do previously. Here is an average break-down of the kind of contacts I have been able to make since our last meeting in January 2019:

- Phone calls: Average of 17 per month
- Hospital Visits: Average of 2 per month
- Shut-in Visits: Average of 2 per month
- Other Visits: Average of 2 per month
- Community Assistance: Average of 5 per month
- Total Pastoral Contacts for 2019: Est. 311

Last year at our Annual Meeting, I told you I was focused on expanding Trinity's model of pastoral care for all parishioners, but especially for our older members and those who are homebound. In addition to my contacts, there are six people in the congregation I felt had excellent pastoral skills and enlisted their help regularly contacting members in need. Once a month, I gave each of them the name of someone who would appreciate a contact. They then make a call, send a card, or invite the person out for coffee. In 2019, this group made 43 contacts. The names of the people I give them are part of my rotating list of folks I check on, but the involvement of these special congregants has allowed us to significantly expand the frequency of pastoral contact.

This year, I finished my final term in August as a member of the Diocesan Standing Committee after seven years. I am thrilled to have been replaced by The Rev. Sarah Dunn,

Rector of St. Patrick's, Incline. She is an incredibly capable and spiritual person who brings a viewpoint from outside the state of Nevada.

Prayer Chain Ministry — Lindsay Campbell

This ministry consists of numerous, dedicated individuals from the Parish, including Vestry members, past and present, who include prayer requests in their regular prayer regime. Currently, there are approximately 59 participants. The prayer requests are usually received through the Church office or they can be sent directly to the Prayer Chain coordinator.

Typically, the requests are for healing and comfort for family and friends who are suffering physically, medically or emotionally. There can also be requests for safe travels for family and friends, for the repose of the souls who have passed on, or for any reason that prayers may be needed. There is never a request that is too big or small!

I am honored and humbled to be the coordinator of this vital group. I have heard many times from participants in this ministry that they feel a real connection with those whom we pray for. They tell me how important the prayers are to them and how important this ministry is in their lives. This displays a true love of others in need. I am moved by such compassion, which is why I continue to be the coordinator to this special ministry. For more information or to become part of this ministry, please contact: Lindsay Campbell, Coordinator.

Rector's Discretionary Fund — Fr. William

People may not know, but the Rector's Discretionary Fund covers the funds all the clergy use to help address the needy that come to our door. The requests may range from housing, food, gas, utilities, transportation, etc. In addition funds are given to support social agencies locally or nationally such as Episcopal Relief, Food for the Poor, the Food Pantry of Reno, and CROP Walk for local hunger. The Discretionary Fund funded by congregant donations, the plate offering from the fourth Sunday of the month (required by canon law), and by fees paid to the clergy for weddings and funerals, and baptisms. In the past years, the clergy through a relationship established by Rev. Rick Millsap, a partnership exists with the Officer Carter of the Reno Police Department to screen and help people get back home by purchasing bus tickets. As of November 2019, the Rector's Discretionary Donor Restricted account (which includes the accounts for all three clergy and the deacon) had the following activity:

Beginning Balance as of 1/1/19 …	$14,060.38
Funds received through the year …	23,464.12
Funds spent through the year …	22,602.31
Ending Balance as of 11/30/19 …	$14,922.19

(additional funds will be going out with Christmas needs)

Refugee Relocation Ministry — Rev Patsy Pumphrey

Our Syrian family of six and several members of the Episcopal Consortium celebrated Lujain's 5th birthday in November. It was an evening of joy and laughter. Later that evening, I reflected on all that has taken place over the past three years. It just didn't seem possible that this was the same family that had arrived in Reno three years ago, each with one suitcase a piece and knowing barely a word of English. Much has changed for them since that day.

New experiences were offered and accepted.

- Mohammed has become a valued employee in his job of more than three years
- Aisha and Mohammed have continued with their ESL classes
- Adnan who has autism has acquired skills that have helped him to engage with people
- The family has learned to get and ride the bus and Aisha is learning to drive
- Rozhva & Rosem have done well in school and are becoming proficient in English as well as picking up Spanish from their friends
- Lujain is enrolled in Head Start

In addition to mentoring our Syrian family the Consortium has continued to support the Refugee Resettlement program by assisting other refugee families settle into their new homes. The Consortium has provided many household items (beds, mattresses, cleaning supplies) prepared meals, shopped for food as well as personal items that have been needed.

The consortium has been asked if they would mentor another family but in order to do so we need more members to help us with the daily needs of the family. In particular, drivers will be needed to provide transportation for them to dental and medical appointments and to help them with skills that will lead them on the road to self-sufficiency.

We look forward to welcoming you

Sack Lunch Program — Nancy Richards



Because of our volunteers, the Trinity Sack Lunch program makes a significant contribution to our community. Not only does our homeless populace get food in a bag, they also receive kindness and caring. The people in this outreach program are those who wish to personally reach out and spread the love of Christ through giving. We have many who fulfill that role, in feeding over 10,700 every year. This includes weekly donations to the Eddy House, an organization helping homeless youth in the community. Over the past year new Trinity parishioners have felt the call to help in this mission, Terry Cain, John Gray, Ken Hines, Betsy Bethke, and Eric Meagher. Our leads, Bill Beeson, James Peterson and Gene Muir direct the gang of volunteers, every Monday, Wednesday and Friday, rain or shine. The rest of the group, Julie Brown, David Chute, Diane Dunn, Hal and Barbara Goss, Joan Johnson, Ginny Lenz, Gerrie Lilley, Kate Marshall, Lori Miller, Linda Newman, Gary Parks, Joan Peyser, Bill Roche, Sally Sapunor, Diane Sheldon, Bob Somps and Marty Stancil, all give of their time and talents. Many thanks too for the dedication of Debbie Zalmana and

Barbara Pratt over the past year in volunteering. Howard Bennett plays a huge role in purchasing food supplies and keeping our shelves stocked. Patrick, Kait, Josephine and Olivia Flocchini personally buy and deliver the bottled water we give out. Many thanks as well to all the donors supplying pet food for the furry friends of the homeless. Let us also salute the church Vestry for making sure we get the funding we need for our outreach program. Nancy Richards coordinates volunteer scheduling and has recently helped organize the Truckee River Choir, providing uplifting music to those experiencing homelessness. Many hands and hours of devotion and care make a difference to thousands. The words thank you, are never enough.

Sound Journey — Rev. Ruth Hanusa

Sound Journey is the brainchild of musician Jonny Cosmic who blends the sounds of drums, the didgeridoo, Tibetan metal bowls and tingling bells in a forty-minute relaxing session. Meeting every third Tuesday at 6:30 p.m. in the sanctuary of Trinity Cathedral, participants lie on mats on the floor while Jonny works his magic with the sounds. Participation has doubled in the one year since this ministry started. Participants are members of Trinity, other Episcopal and Lutheran churches in Northern Nevada, young folks from local yoga groups and the bereaved from Saint Mary's Hospice. One bereaved woman said after her first session, "It felt as if my whole body had been combed. All the kinks and tangled had been smoothed out." Free-will donations of $10-20 are gratefully accepted.

The dates for 2020 are as follows: January 21, February 18, March 17, April 21, May 19, June 16, July 21, August 18, September 15, October 20, November 17, December 15. For more information and to receive the monthly reminders, email ruthhanusa@gmail.com.

Spiritual Retreats — Rev. Rick Millsap



In March, we held spiritual retreat entitled *Letting Go in Lent*. We had a group spiritual practice, but then folks had a lot of quiet time to pray, meditate, or doing a special walking prayer outside.

In June, we had our popular retreat at the Oxbow Nature Study Area in off Dickerson Rd. in west Reno. It's always so peaceful at this little gem in the heart of the city, and a spiritual way to begin the summer.

We also just completed our retreat in Advent entitled *Emmanuel: God with Us*. We had a great number of people in attendance and many different spiritual activities participants could choose from to delve deeper into what it means in their lives that God has come to live among us.

St. Paul's Food Pantry — Burke and Marty Stancill

Once again we've had a year of our parishioners generously donating to St. Paul's Food Pantry.

We did have an issue during the summer which had to be dealt with and resulted in a few changes. It was discovered that people were entering the church and taking food out of the food pantry barrels that were situated just inside the doors. The red barrels have been moved away from the doors and closer to the pews. Each Sunday following the 11:00 service, Gene Muir takes the donations out of the barrels and places them in boxes that are located in the back of the Bishop Lewis Chapel. This keeps the donations safe until we take them to St. Paul's which is once or twice a month depending on the volume we have taken in.

This is such a worthy ministry and St. Paul's Food Pantry is always so grateful to us for all that we bring them.

Ushers — Tom Anderson



5:00 PM Saturday No formal group of ushers volunteer at this service. People come in and take a bulletin from the tables at the entrance doors. John Winnett generally volunteers and takes up the weekly collection. Other servers are appointed by the celebrant from those in attendance.

7:45 AM Ushers are not formally assigned but volunteers are generally active members and worship attenders: Robyn Powers, Larry Kirk, Bob and Diana Sauerbrei, and Marion Tammany.

9:00 AM There are no formal ushers with this children and parent/adult service. The collection is done and presented by the children selected that morning. There is movement to begin to formalize lists of servers with this service so as to eliminate some of the chaos that happens at the eleventh hour.

11:00 AM Ten members of the congregation have been active in ushering: Ron and Stephanie Wolff, Harold Campbell, George Stoneback, Janice Williams, Gene Nelson, Clyde Ikehara, Gary Parks, Steve Peeck, and Tom Anderson.

ALL our services could use more volunteers to usher!

Website — Rev. Rick Millsap

Our new website has been up and running for over a year now. It is very modern and easy to navigate. I am maintaining the website as I have done for many years, but it is so much less time consuming than the old way. I used to have to actually design components of website pages and update them manually; now the website company's program makes our website look great every time.

Special thanks go out to our Office Manager, Karla Valverde, who has begun taking over simple tasks such as uploading the weekly announcements and Sunday's sermons for us. She will continue her training with me this year.

You are Not Alone: A Support Group for those suffering from severe or chronic illnesses — Rev. Rick Millsap



Our support group "You Are Not Alone," is now in its fifth year. It meets to give comfort and support to people suffering with serious medical issues or chronic illness. It is not our goal to fix one another, but simply to listen and pray for one another. Sometimes I think that just being with other people who are living with tough diagnoses makes us feel less isolated. Despite the tough subjects we deal with in our lives, we sure do laugh a lot in these meetings! We meet on the 3rd Tuesday of every month, at 4:00 PM, in Conference Room A, downstairs in the Parish Hall.

Vestry Nominee Bios

Parochial report — Fr. William Stomski